

Why Toddlers Prefer Baby Head Pillows

Between the ages of one to three, children are at their inquisitive best wanting to learn about their surroundings. This age fondly called as toddler hood sees maximum activity, which makes them very tired by the end of the day. While some toddlers recoup their energy by taking an afternoon siesta, others continue with their play and learn activities. In any case, toddlers need to compensate by sleeping and a good nights rest is of utmost importance. Therefore, comfortable night clothing, pleasant surroundings, suitable bedding and importantly, a good baby head pillow are a must. Baby pillows must be of the right quality and firmness. A pillow too soft can even lead to smothering. Toddlers usually alter their sleeping posture frequently during the night. Some even sleep on their stomachs. A bad quality pillow can even cause neck injuries. It is evident that a baby head pillow is not any other normal pillow. The defining difference between a baby head pillow and other normal pillow is that it is specifically designed to be risk free. Always buy good branded pillows which may be a bit costly but are safe and of a good quality. Feather pillows are to be strictly avoided as they are known to cause allergies among children.

Baby head pillows are important because they keep the babys head in a slightly elevated position thus ensuring that the air passage remains unobstructed and the baby can breathe easily. A slightly elevated position of the head also reduces the chances of regurgitating bedtime feed. Baby head pillows also give support to the soft cranial bones of the toddler and prevent skull deformities. A wide variety of baby head pillows are available. Memory foam pillows are exceptionally good as they have the ability to mold according to the toddlers skull shape. Visco Elastic cushioning materials are used in memory foam pillows to prevent Flat Head Syndrome by providing equitable distribution of pressure around the babys head. Just like standard sizes for clothes, baby head pillows are also made in different sizes according to the age of the child, so check the label before buying one. Specialized baby product shops, online baby product businesses and supermarkets have a variety of baby head pillows for sale. Baby head pillows also come with side support pillows which help to keep the toddler snug and in a proper on the back posture which further helps the toddler to sleep well. Parents may use side support pillows but that would depend on the toddlers sleeping style. The basic requirement of a sound sleep is certainly a good quality baby head pillow. So, go rock a bye baby! Similar topics [" title="Here is something I like to read">Monogrammed baby pillows](#) ...

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