

## How to Choose the Best Baby Pillow as a Gift

If you are in the market for a practical gift for a baby you know, a baby pillow is an excellent choice. The panoply of pillows on the market can make choosing the best pillow tricky. This guide will help you to choose the perfect baby pillow for the child in your life.

The most important question is, how old is the baby? Doctors advise that children under the age of two should not sleep with pillows because pillows, even specially designed baby pillows, are a suffocation risk. If you are buying a present for a baby under the age of two, buy a decorative pillow or a nursing pillow instead. However, if the child is past their second birthday, then a sleeping pillow is a safe gift for them.

You can find decorative pillows in just about any color, shape, and material to match any bedroom. If buying a pillow off the shelf does not appeal to you, you can also personalize a baby pillow. For instance, have a pillow embroidered with a poem that is meaningful to the parents, or that expresses your hopes for the child. Or commission a pillow to be printed with a photograph of the babys grandparents. If you are crafty, you can even buy a baby pillow blank and sew your own cover to create a truly special pillow.

Nursing pillows are large, U shaped pillows that the mother arranges in her lap to provide extra support for the baby while she nurses. (Fathers can use them when bottle feeding, too!) Nursing pillows are nicknamed "boppies," after the top brand, Boppy, but [there](#) are several good brands on the market.

A baby pillow that is designed for nighttime is smaller and flatter than an adults pillow. Children do not need as much support as adults do, so an adult sized pillow can give them neck cramps and disturb their sleep. Pillow fillings that adults find comfortable, like feathers and down, can trigger allergies in children, so you should avoid them. Choose a baby pillow that is half the size and thickness of an adults pillow or less, with hypoallergenic stuffing and a smooth, soft cover. To finish the gift, pick out cotton pillowcases that match the childs sheets.

When you are done picking out a baby pillow, you will have a superb gift that the child and their parents are sure to treasure. When you give your present to the parents and the child, you can be sure that your gift is not only practical, it is also going to help an often fussy small child to sleep. See

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## About the Author

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